



VÉLORUTION SAINT-MICHEL

Vélorution Saint-Michel is a Cyclo Nord-Sud project, a non-profit organization located in the Saint-Michel district.

Vélorution Saint-Michel is a service offer to educate and empower the neighborhood's population with regards to daily bicycle use.

Vélorution Saint-Michel offers introductory cycling practice, bicycle mechanics, road trips, and many other services!

Many neighborhood partners are involved in the project and working with you to advance the cycling cause.

Collectively, let us help the environment through healthy lifestyle and mobility choices!

ABOUT US

To know more about the project:

Cyclo Nord-Sud

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Vélorution Saint-Michel



CYCLING AT THE HEART OF SUSTAINABLE DEVELOPMENT

Mobility is a crucial part of everyday life. It improves personal productivity and allows people to be more independent.

Cycling is an effective response to sustainable development issues.

It is the fastest means of transportation for urban trips up to 8 km. (*Vélo Québec, 2009*)

Cycling is also zero greenhouse gas emission, which means zero environmental impact. Moreover, it can be revalorized many times, it has a life span of several decades.

Biking enables leisure activity and daily exercise, and contributes to the improvement of public health.

THEY SUPPORT US:



FONDS D'ACTION QUÉBÉCOIS POUR LE DÉVELOPPEMENT DURABLE

En partenariat avec



PRESENTATION OF THE SERVICE OFFER

MORE BIKES IN YOUR NEIGHBORHOOD!



REPAIR YOUR BIKE



MOBILE WORKSHOPS BY BICYCLE-CARGO

The mobile bike cargo enables us to animate activities anywhere in the neighborhood. It brings tools and information to bring on dialogue around active transportation in the neighborhood: healthy and environmentally sound lifestyles, sustainable transportation and the many benefits of cycling.

A bike-cargo = 0 greenhouse gas = good for the environment!



BASIC AND RESOURCEFUL MECHANICS

Even with minimum tools and means, it's possible to learn basic bike mechanics.

Vélorution Saint-Michel offers bike mechanics workshops: this is the key to autonomize cyclists and facilitate daily bike use.

INITIATIONS TO BIKING

Feeling comfortable and safe is essential before riding your bike.

Vélorution Saint-Michel proposes introductions that are aimed at all those who have never cycled or simply wish to practice their skills.



SOLIDARITY FLEET FOR YOUR ACTIVITIES

Because we do not all have a bike, Vélorution Saint-Michel provides organizations and schools with a bike fleet for group activities.



TOURING SAINT-MICHEL

Cycling tours are offered to promote cycling and safe routes in the area.

Reclaiming your neighborhood by cycling implies greater ease on the road.

RIDE TOGETHER

SAVE MONEY



LOW COST BIKES

It is important to move around in your city! However, various means of transportation can be expensive...

Vélorution Saint-Michel also sells to local residents (with proof of residence) low cost bicycles revamped by Cyclo Nord-Sud volunteers.



EARN YOUR BICYCLE!

You want to improve your knowledge of bike mechanics?

The "Earn your bike" program gives you the opportunity to learn the basics of bike mechanics...

And leave with your repaired bike!